

1/2 CUP BAGS



FRUIT CRISPS are:

- Peanut/Tree Nut Free
- Gluten Free
- Soy Free
- Dairy Free
- Non GMO
- Vegan
- Kosher

FUJI APPLE	
Nutrition Facts	
Serving Size: 1 bag (10g / 0.35oz)	
Amount Per Serving	
Calories 40	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 2g	7%
Sugars 6g	
Protein 0g	
Vitamin A 2% • Calcium 0%	
Vitamin C 2% • Iron 0%	

Ingredients: 100% Freeze-Dried Fuji Apples.

FUJI APPLE WITH CINNAMON	
Nutrition Facts	
Serving Size: 1 bag (10g / 0.35oz)	
Amount Per Serving	
Calories 40	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Sugars 6g	
Protein 0g	
Vitamin A 2% • Calcium 0%	
Vitamin C 2% • Iron 0%	

Ingredients: 100% Freeze-Dried Fuji Apples and Pure Cinnamon.

ASIAN PEAR	
Nutrition Facts	
Serving Size: 1 bag (10g / 0.35oz)	
Amount Per Serving	
Calories 35	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Sugars 7g	
Protein 0g	
Vitamin A 0% • Calcium 0%	
Vitamin C 0% • Iron 0%	

Ingredients: 100% Freeze-Dried Asian Pears.

STRAWBERRY & BANANA	
Nutrition Facts	
Serving Size: 1 bag (12g / 0.42oz)	
Amount Per Serving	
Calories 45	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 10g	3%
Dietary Fiber 2g	6%
Sugars 6g	
Protein 1g	
Vitamin A 2% • Calcium 0%	
Vitamin C 25% • Iron 2%	

Ingredients: 100% Freeze-Dried Strawberries and Bananas.

PEACH	
Nutrition Facts	
Serving Size: 1 bag (8g / 0.28oz)	
Amount Per Serving	
Calories 30	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 7g	2%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 0g	
Vitamin A 1% • Calcium 4%	
Vitamin C 4% • Iron 1%	

Ingredients: 100% Freeze-Dried Yellow Peaches.

MANDARIN ORANGE	
Nutrition Facts	
Serving Size: 1 bag (10g / 0.35oz)	
Amount Per Serving	
Calories 38	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Sugars 6g	
Protein 1g	
Vitamin A 2% • Calcium 2%	
Vitamin C 45% • Iron 0%	

Ingredients: 100% Freeze-Dried Mandarin Oranges.

BANANA	
Nutrition Facts	
Serving Size: 1 bag (17g / 0.59oz)	
Amount Per Serving	
Calories 60	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 8g	
Protein 1g	
Vitamin A 3% • Calcium 0%	
Vitamin C 10% • Iron 2%	

Ingredients: 100% Freeze-Dried Bananas.

STRAWBERRY	
Nutrition Facts	
Serving Size: 1 bag (7.5g / 0.26oz)	
Amount Per Serving	
Calories 30	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 1g	
Vitamin A 0% • Calcium 2%	
Vitamin C 45% • Iron 2%	

Ingredients: 100% Freeze-Dried Strawberries.

PINEAPPLE	
Nutrition Facts	
Serving Size: 1 bag (15g / 0.53oz)	
Amount Per Serving	
Calories 60	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 14g	4%
Dietary Fiber 2g	6%
Sugars 9g	
Protein 0g	
Vitamin A 0% • Calcium 0%	
Vitamin C 15% • Iron 0%	

Ingredients: 100% Freeze-Dried Pineapple.

MIXED BERRY	
Nutrition Facts	
Serving Size: 1 bag (11g / 0.39oz)	
Amount Per Serving	
Calories 40	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 10g	3%
Dietary Fiber 3g	12%
Sugars 6g	
Protein 1g	
Vitamin A 0% • Calcium 0%	
Vitamin C 15% • Iron 2%	

Ingredients: 100% Freeze-Dried Strawberries, Raspberries, Blueberries, and Blackberries.



FRUIT CRISPS are:

- Peanut/Tree Nut Free
- Gluten Free
- Soy Free
- Dairy Free
- Non GMO
- Vegan
- Kosher

1/3 CUP BAGS (JUNIOR SIZE)

FUJI APPLE	
Nutrition Facts	
Serving Size: 1 bag (7g / 0.25oz)	
Amount Per Serving	
Calories 28	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 0g	
Vitamin A 2% • Calcium 0%	
Vitamin C 2% • Iron 0%	

Ingredients: 100% Freeze-Dried Fuji Apples.

FUJI APPLE WITH CINNAMON	
Nutrition Facts	
Serving Size: 1 bag (7g / 0.25oz)	
Amount Per Serving	
Calories 28	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 0g	
Vitamin A 2% • Calcium 0%	
Vitamin C 2% • Iron 0%	

Ingredients: 100% Freeze-Dried Fuji Apples and Pure Cinnamon.

ASIAN PEAR	
Nutrition Facts	
Serving Size: 1 bag (7g / 0.25oz)	
Amount Per Serving	
Calories 28	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Sugars 5g	
Protein 0g	
Vitamin A 0% • Calcium 0%	
Vitamin C 0% • Iron 0%	

Ingredients: 100% Freeze-Dried Asian Pears.

STRAWBERRY & BANANA	
Nutrition Facts	
Serving Size: 1 bag (8g / 0.28oz)	
Amount Per Serving	
Calories 30	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 7g	2%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 0g	
Vitamin A 2% • Calcium 0%	
Vitamin C 25% • Iron 2%	

Ingredients: 100% Freeze-Dried Strawberries and Bananas.



FRUIT & OATS are:

- Made from Whole Grains
- Peanut/Tree Nut Free
- Soy Free
- Dairy Free
- Non GMO
- Vegan
- Kosher

STRAWBERRY & BANANA	
Nutrition Facts	
Serving Size: 1 container (35g / 1.23oz)	
Amount Per Serving	
Calories 150	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0.5g	3%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 26g	9%
Dietary Fiber 4g	16%
Sugars 6g	
Protein 4g	
Vitamin A 0% • Calcium 2%	
Vitamin C 20% • Iron 4%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

Ingredients: Whole grain premium Australian oats, 100% freeze-dried Strawberries and Bananas.

MIXED BERRY	
Nutrition Facts	
Serving Size: 1 container (33g / 1.16oz)	
Amount Per Serving	
Calories 140	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0.5g	3%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 24g	8%
Dietary Fiber 4g	16%
Sugars 5g	
Protein 4g	
Vitamin A 0% • Calcium 2%	
Vitamin C 35% • Iron 4%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

Ingredients: Whole grain premium Australian oats, 100% freeze-dried Strawberries, Raspberries, Blueberries, and Blackberries.



POTATO CRISPS are:

- 100% Fat Free
- No Oils Used
- Low in Calories
- Peanut/Tree Nut Free
- Gluten Free
- Soy Free
- Dairy Free
- Non GMO
- Vegan
- Kosher

SZECHUAN PEPPER & FRESH CHIVES	
Nutrition Facts	
Serving Size: 1 bag (12g / 0.42oz)	
Amount Per Serving	
Calories 45	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 10g	3%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 1g	2%
Vitamin A 0% • Calcium 0%	
Vitamin C 0% • Iron 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

Ingredients: 100% Freeze-Dried Potatoes, Chives, Sea Salt, and Szechuan Pepper.

BLACK PEPPER & SEA SALT	
Nutrition Facts	
Serving Size: 1 bag (12g / 0.42oz)	
Amount Per Serving	
Calories 45	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 340mg	14%
Total Carbohydrate 10g	3%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	2%
Vitamin A 0% • Calcium 0%	
Vitamin C 0% • Iron 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

Ingredients: 100% Freeze-Dried Potatoes, Black Pepper, and Sea Salt.